



Morning

Blueberry Brumble Breakfast Cake

Raspberry Lemon Poppy Seed Breakfast-Cake

Savory Stratas
Artichoke & Spinach

D' Lish Breakfast Sandwich
with Cheese – Bacon or Sausage

Breakfast Burrito

Yogurt & Granola - Fruit "Cocktail"

Seasonal Fresh Fruit Jumble

Pair of Hard Boiled Eggs

Low-Carb Egg Bake

KC Speced Muffins – 3 ea – Bagels 3 each
and 2 other KC Speced baked goods

Soups – 10 oz

Seattle Style Clam Chowder
with Washington Potatoes, Market Veggies & Tender Clams

Afternoon & Evening Baked Goods & Goodies

Cascade Berry Cobbler

Savory Stratas

Artichoke & Spinach

KC's Macaroon Brownie Blast™ or Treasure Brownies

Fresh Baked Cookies

Jewel Fruited Oatmeal Cookie

Ultra Chocolate Chip

DDL Mega Chip Cookie

Favorite Snacks

Bread & Cheese on-the-run...
TBD Roll & Tillamook Cheese Sampler

Espresso Crunch Caramels

Tim's Cascade Chips

Yogurt & Granola - Fruit "Cocktail"

Seasonal Fresh Fruit Jumble

Pair of Hard Boiled Eggs

Tillamook Cheese

D' Lish Grab & Go

All your Favorites - Made Fresh Daily!

Sandwiches

Turkey Sandwich

Real Turkey Breast with Basil Pesto,
Spinach and Crunchy Cucumbers

Roast Beef Sandwich with Caramelized Onions
and Mick's Horseradish Pepper Jelly

Mediterranean Vegetarian Sandwich

Roasted Peppers, Fresh Mozzarella, Sun Dried Tomatoes & Olive Tapanade Fill
our Whole Grain Roll

Honey Ham & Swiss Sandwich

with Tillamook Cheese & Beaver Spicy Honey Mustard and Cranberry Smear

Salads

Pacific Rim Chop Chop Chicken Salad

a Classic Favorite with Chicken Breast, Crunchy Veg, Rice Noodles, Nappa
Cabbage and Toasted Almonds – Lowfat Sweet & Tangy Dressing

Herbed Chicken Breast & Market Veggie Salad – "Atkins-Friendly"

Fiesta Cobb

Grilled Chicken, Black Beans, Fresh Salsa, Pepper Jack Cheese,
Olives, Bacon & Creamy Avocado Ranch Dressing

Roasted Vegetable & Spiced Couscous Salad

with Yogurt Drizzle - is Healthy and Exciting with Zucchini, Yellow Squash,
Eggplant and Bell Peppers, sliced, diced, roasted

and tossed with Baby Spinach and Toasted Moroccan Couscous

Grand Chicken Caesar
Crisp Romaine with Tomato Tabouli and Chicken Breast
Creamy Caesar Dressing

Smaller Salads

The Northwest Salad
Baby Greens, Roasted Pears, Toasted Walnuts
Blue Cheese and Cranberry Vinaigrette

Small Simple Organic Green Salad
Your choice of Dressing: Kathy's Cranberry Vinaigrette
Sweet & Sour Sesame Rogue River Blue Cheese
Garlic Herb Ranch Balsamic Vinaigrette

Zingy Cucumber Salad
Herb-Marinated Market Veggies

Market Favorites

Tomato & Mozzarella Caprese "Sticks" with Basil Pesto Vinaigrette

Vegetarian Lasagna with Pesto Ricotta
Fresh pasta, Roasted peppers & Mushrooms, Artichokes, Sassy Marinara,
Basil Garlic Ricotta and 4 Cheeses make up these 10 layers!

D' Lish Ultimate 4 Cheese Mac

DDL Seasonal Item

Sips & Quenchers

D'Lish Espresso & Coffee Drinks
Hand-Shaken Foodtique Mochas
Woodring Orchards Apple Cherry Cider

Hand-Shaken Lemonades
Berringer Farms Strawberry NW Triple Berry
Blue Mango Green Apple Seasonal

Iced Tea – Berry Iced Tea – Citrus Iced Tea

VOSS Water

DDL Spec Sexy Sodas

Dish D' Lish Berry Soda

The Northwest Salad
Baby Greens, Roasted Pears, Toasted Walnuts
Blue Cheese and Cranberry Vinaigrette

Kathy's Low Carb Combo
The Pacific Rim

Chop Chop Chicken Salad
a Classic Favorite with Chicken Breast, Crunchy Veg, Rice Noodles, Nappa
Cabbage and Toasted Almonds – Lowfat Sweet & Tangy Dressing
D' Lish Seasonal Cookie – Talking Rain Water

Healthy Combo

Turkey Sandwich
Real Turkey Breast with Basil Pesto,
Spinach and Crunchy Cucumbers
Marinated Veggies
Washington Gala Apple with Fat Free Caramel
Talking Rain Water
Voss

DISH D' LISH SPECIALITY PRODUCTS – WITH SUGGESTED RETAIL PRICING

Pre-packaged Retail

Books

Kathy Casey Cooks Favorites – **12.95**

Kathy Casey Cooks Northwest/Washington (due out summer 2004) – **12.95**

Chutneys – 6.99

Harvest Apple Cranberry Chutney

Sour Cherry Ginger Chutney

Blueberry Lavender Chutney

Spreads – 6.99

Goat Cheese & Chive Spread

Blue Cheese & Toasted Hazelnut Spread

Firecracker Wasabi Spread

Artichoke Roasted Pepper & Olive Spread

Bread Dippers – 8.99

Artichoke & Garlic Bread Dipper

Mediterranean Feta Bread Dipper

Seasonings

French Seasoning Salt – 9.99

Star Anise Seasoning Rub – 8.99

Sauces & Dressing – 6.99

Cranberry Vinaigrette Dressing

Sake Teriyaki Sauce

SASS (Spicy and Sweet Sour) Sauce

Sweet Onion & Rosemary Sauce

Cocktailors™ - 8.99

Classic Cosmo Cocktailor™

Sapphire Mojito Cocktailor™

Lemon & Lime Sour Cocktailor™